



The first few steps in the half marathon.

PHOTO: BIANKA DU PLESSIS

New record for 21km run

SALDANHA – Not even the cold weather could keep long-distance runners and fun-run enthusiasts from participating in the third annual ArcelorMittal half marathon and fun run.

A great turn out of about 250 people came from far and wide to partake in this event, held at the military sports grounds. The half marathon started at 08:00 and the 5km fun run started at 08:10.

New records were set; defending champion Anthony Godongwana from Gauteng broke his own record of 1:07:03 and set a new one of 1:05:38.

Sityhilo Diko was second, as he was last year, and Phulani Ntusani took third place.

The women's division was won by Zinthle Tiniwe from Gugulethu who finished the race in 1:23:16. "The race was good but hard. I only train twice a week because it's too cold," said Tiniwe. In second place was Nomwuysi Seti, followed by Bulelwa Simae.

At the ripe age of 72 William Craig was the oldest runner to finish the half marathon under the required three hours. "I found it difficult because of the sand,



Fourth from left Dhesan Moodley, ArcelorMittal GM, with the winners of the Arcelor-Mittal half marathon from left Bulelwa Simae, Nomwuysi Seti, Zinthle Tiniwe (women's winner), Phumlane Nxusane, Anthony Godongwana (men's winner) and Sityhilo Diko.

PHOTO: MZWANDILE ZONDI

but I'm happy I made it in time," said Craig.

Hendrick Schipper (69), said he walked the course from start to finish in three hours and was sad that "you don't have time to enjoy the beautiful view".

"We believe that being one of the biggest employers in the West Coast region it is important to encourage people to participate in sporting activities and lead a healthy lifestyle. As host and main spon-

sor, we would like to pay tribute to all the athletes of all ages and different levels of fitness for their participation. A word of appreciation goes out to our ArcelorMittal Athletics Club and all the volunteers who contributed to making this day a success," said Dhesan Moodley, General Manager of ArcelorMittal Saldanha Works.

(Written by Pepe Kunene and Mzwandile Zondi.)